

Kardiyak Cerrahide Akciğer Koruyucu Ventilasyon



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Anesteziyoloji ve Reanimasyon AD

Başlıklar

- Akciğer koruyucu ventilasyon (PV)
- Önemi
- İntraoperatif PV'un özellikleri
- Kardiyak cerrahideki farklılıklar
- Ventilasyon stratejileri
 - Perioperatif dönem
 - KPB sırasında
- Son söz

İntraoperatif Mekanik Ventilasyon

Konvansiyonel Ventilasyon

Yüksek TV, Zero PEEP (- RM)

- Akc'de kollabe alanlar ↓
- V/P uyumsuzluğu ↓
- Yüksek FiO₂ gereksinimini ↓

- Akciğer “overdistansiyon”
- Dolaşımın baskılanması
 - ↓ CO,
 - Sıvı gereksinimi
 - Vazoaktif ilaç kullanımı

İntraoperatif Mekanik Ventilasyon

Konvansiyonel Ventilasyon
Yüksek TV, Zero PEEP (- RM)

• Volutravma

• Barotravma

• Atelektotravma

• Biyotravma

Koruyucu Ventilasyon (PV)

• Düşük TV, Düşük "Driving pressure", PEEP, RM

İntraoperatif Mekanik Ventilasyon

- Genel anestezi
- Mekanik ventilasyon

↓

→

Kısa süreli

- Akciğer mekaniğinde deęişiklik
- İnflamatuvar yanıt
- Gaz deęişiminde farklılık
- Hipoksemi ve atelektazi

ORIGINAL ARTICLE ARCHIVE

Impaired Oxygenation in Surgical Patients during General Anesthesia with Controlled Ventilation — A Concept of Atelectasis

H. H. Bendixen, M.D.[†], Hedley Whyte, M.B., B.Chir.[‡], and M. B. Laver, M.D.[‡]

N Engl J Med 1963; 269:991-996 | November 7, 1963 | DOI: 10.1056/NEJM196311072691901



İnsidans: 90%

Mechanical ventilation strategies for the surgical patient

Marcus J. Schultz^{a,b}, Marcelo Gama de Abreu^c, and Paolo Pelosi^d

Intraoperative ventilation in patients under general anesthesia for surgery



Protective ventilation includes:

Tidal volume size < 8 ml/kg predicted body weight

evidence comes from 3 RCTs [35, 36, 37] and 2 meta-analyses [2,44]

Level of PEEP ≤ 2 cm H₂O

evidence comes from 1 RCT [40] and 1 meta-analysis [44]

Ventilation in intensive care unit patient with uninjured lungs



Protective ventilation includes:

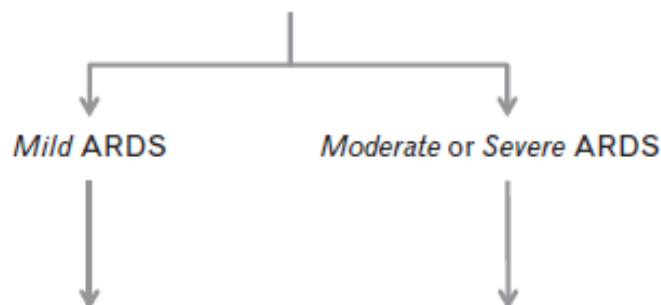
Tidal volume size 6 ml/kg predicted body weight

*evidence comes from 2 RCTs [27,28] and 2 meta-analyses [2,29]**

Level of PEEP 5 cm H₂O

RCT evidence is lacking

Ventilation in intensive care unit patient with ARDS



Protective ventilation includes:

Tidal volume size 6–8 ml/kg predicted body weight

evidence comes from 1 RCT [10] and 1 meta-analysis [19]

Level of PEEP 5 – 10 cm H₂O**

evidence comes from 3 RCTs [18,19,20] and 1 meta-analysis [21]

Protective ventilation includes:

Tidal volume size 4–8 ml/kg predicted body weight

evidence comes from 1 RCT [10] and 1 meta-analysis [19]

Level of PEEP ≥ 10 cm H₂O **

evidence comes from 3 RCTs [18,19,20] and 1 meta-analysis [21]

Expiration

Inspiration



Low V_T
Low PEEP



High V_T
Low PEEP



Low V_T
High PEEP



Overinflation

Normally aerated

Atelectasis

Konvansiyonel MV

Atelektazi ↓

– Aşırı inflasyon oranı

– Kapanma/açılma

Expiration

Inspiration



Low V_T
Low PEEP



High V_T
Low PEEP



Konvansiyonel MV



Low V_T
High PEEP



Atelektazi ↓

–Aşırı inflasyon oranı
Minimal kapanma/açılma

Overinflation Normally aerated Atelectasis

Expiration

Inspiration



Low V_T
Low PEEP



-Atelektazi

↓ Aşırı inflasyon alanı



High V_T
Low PEEP



Konvansiyonel MV



Low V_T
High PEEP



Atelektazi ↓

-Aşırı inflasyon oranı
Minimal kapanma/açılma

Overinflation Normally aerated Atelectasis

Intraoperative Lung-Protective Ventilation Trends and Practice Patterns: A Report from the Multicenter Perioperative Outcomes Group.

Multicenter Perioperative Outcomes Group Database

- Genel anestezi + ETT
- 2008 – 2013
- 10 merkez
- Veri değerlendirme: 3 aylık intervaller

Hesaplanan parametreler

- 1) TV > 10 mL/kg VA uygulama oranı
- 2) TV (başlangıç ve cerrahi süresince ort.) in mL/kg VA
- 3) PEEP uygulanma oranı PEEP \geq 5 cm H₂O

N = 330,823

- TV > 10 mL/kg VA ↓

| | |
|----------------|-------------|
| – Tüm hastalar | (26% - 14%) |
| – Obez | (41% - 25%) |
| – Kısaboy | (52% - 36%) |
| – Kadın | (39% - 24%) |

- TV (8.90 - 8.20 mL/kg VA)

- Başlangıç vs genel TV (8.65 vs 8.63 mL/kg VA)

- PEEP ≥ 5 cm H₂O (25% - 45%)

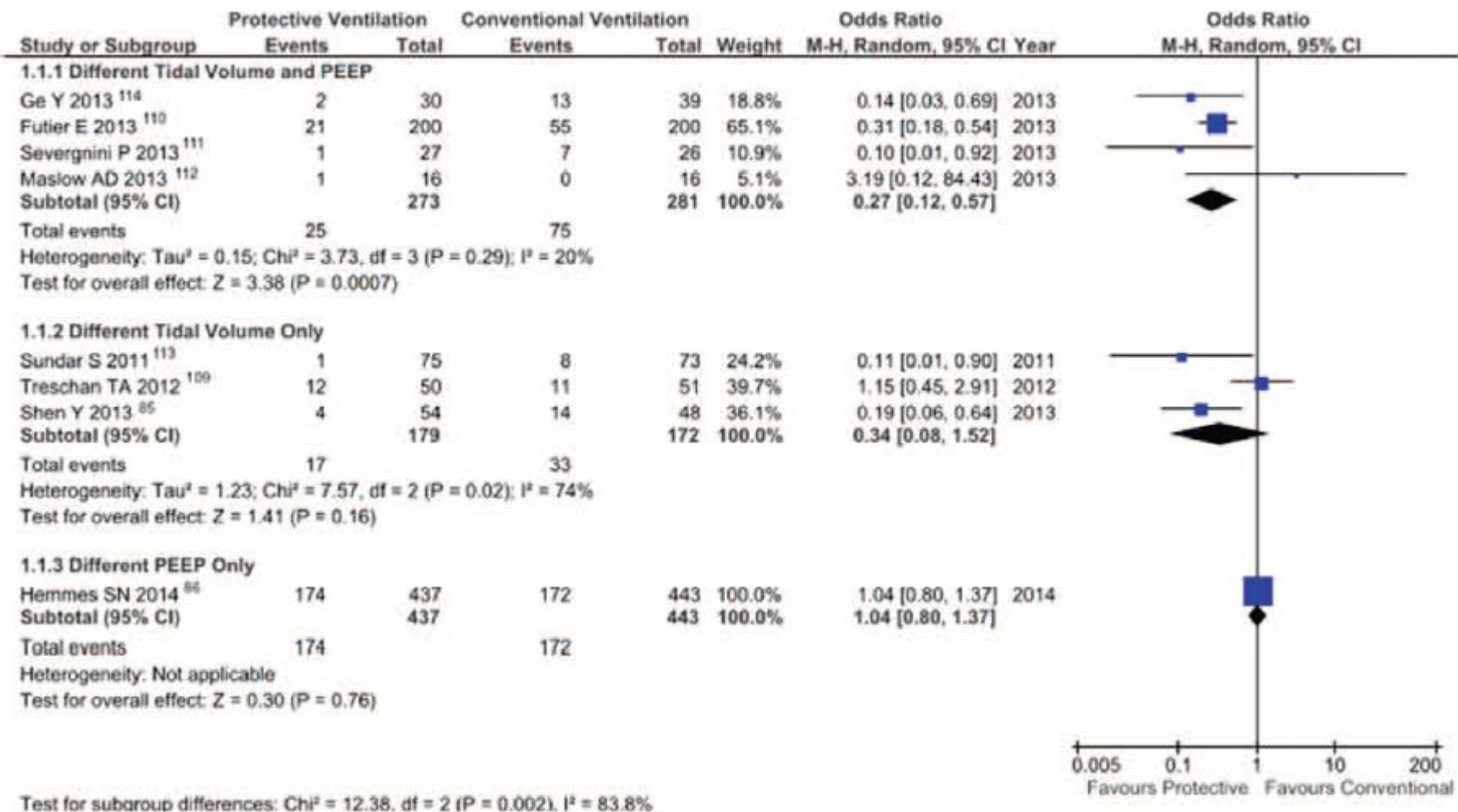
- TV uygulamasının merkezlere göre değişkenliği

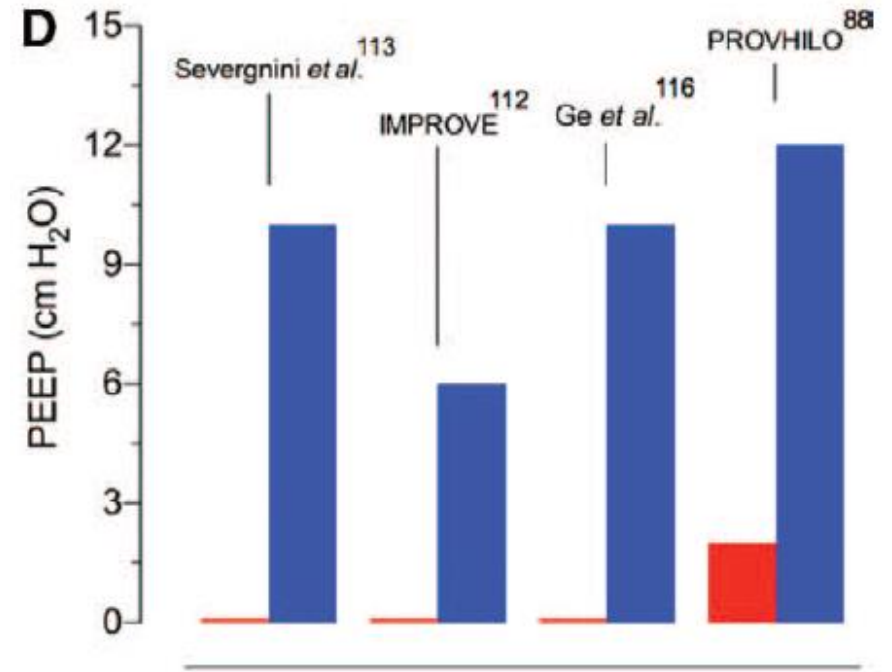
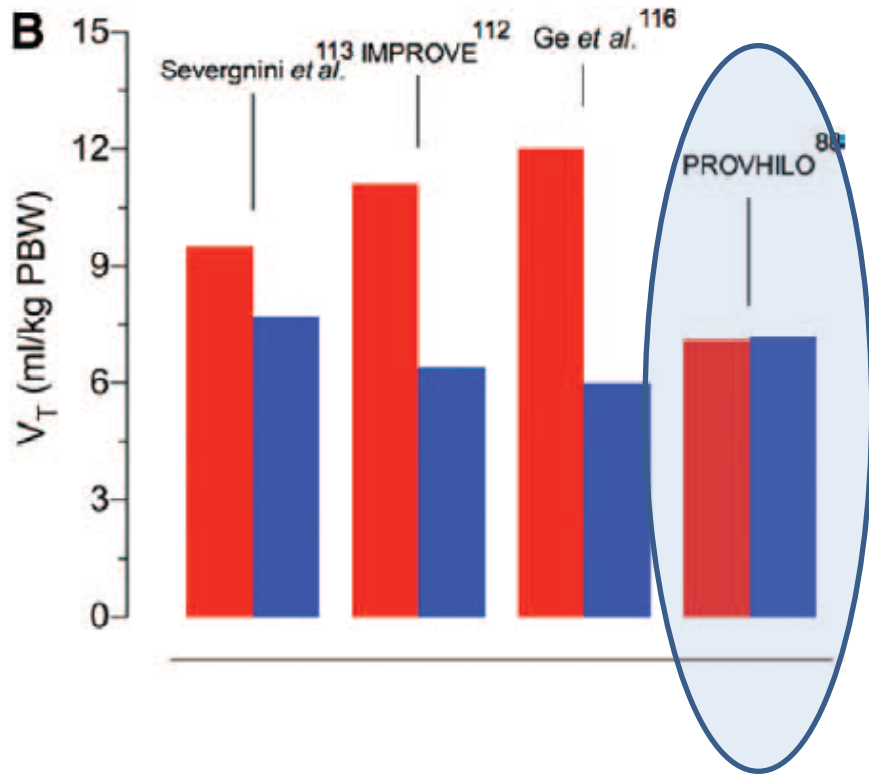
P < 0.001

SONUÇ: İntraoperatif ventilasyonun optimizasyonu için güncel uygulama modelleri konusunda farkındalık yaratmaya akc koruyucu ventilasyonun etkinliğini göstermeye hala gerek vardır

Intraoperative Protective Mechanical Ventilation for Prevention of Postoperative Pulmonary Complications

A Comprehensive Review of the Role of Tidal Volume, Positive End-expiratory Pressure, and Lung Recruitment Maneuvers

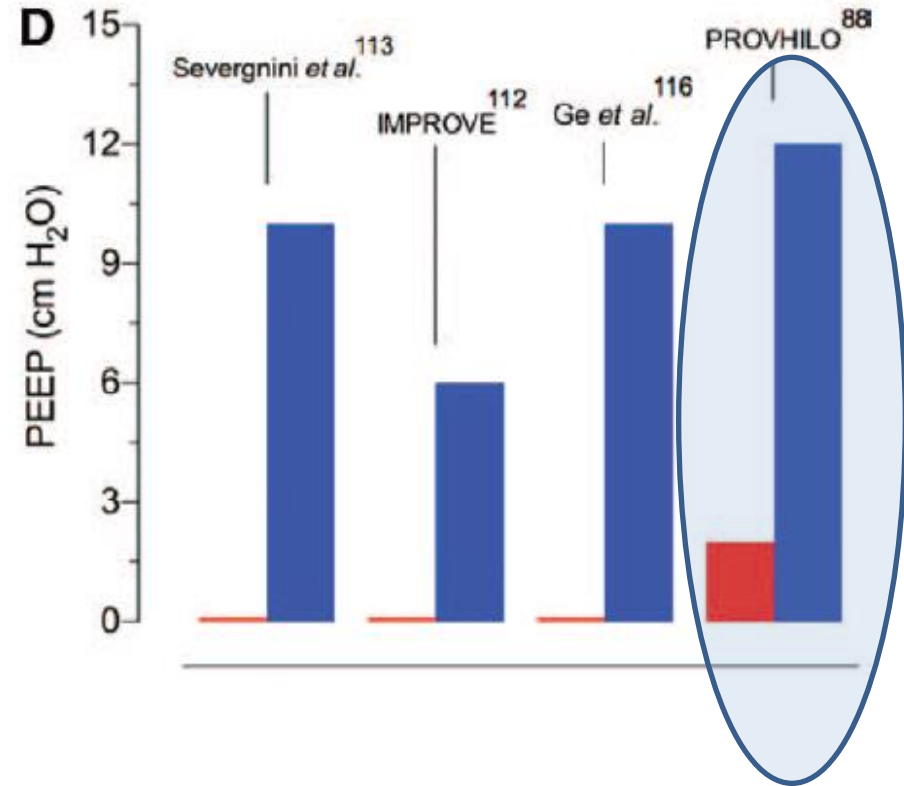
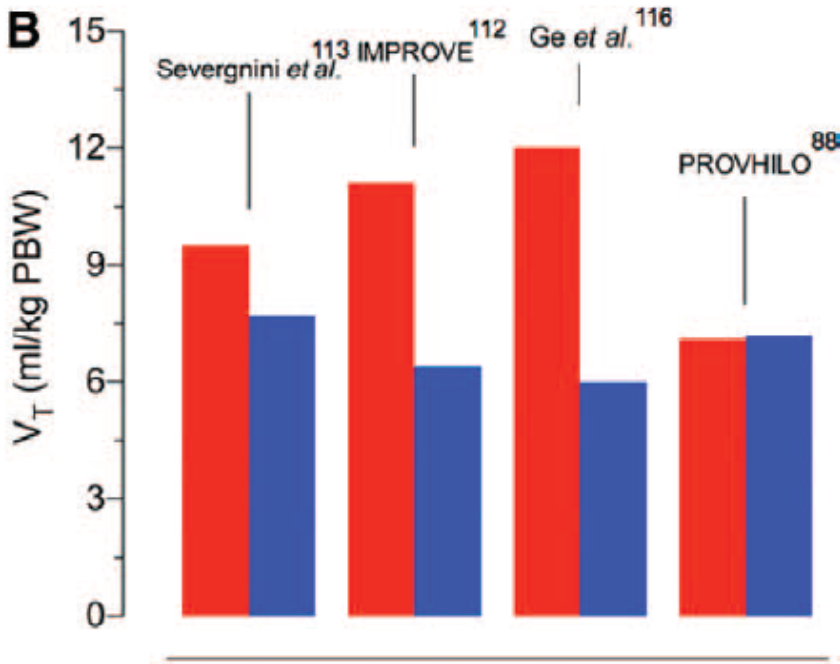




Büyük, 4 RKÇ ⇒ IPD meta-analysis

Intraoperatif PV ⇒ Düşük TV + zeroPEEP

Tüm çalışmalarda kontrol gruplarındaki MV standart uygulamadan farklı,
PROVHILO çalışması dışında



PROVHILO

Düşük TV (8 ml/kg) vs

Düşük PEEP (2 cmH₂O) vs Yüksek PEEP (12 cmH₂O) + RM

Sonuç: PPK insidansı benzer, fakat yüksek PEEP grubunda hipotansiyon, sıvı resüsitasyon ve vazopresör gereksinimi daha fazla

Settings of volume-controlled mechanical ventilation in non-obese patients during open abdominal surgery

Non-injured lungs (no ARDS)

Initial settings

- $V_T = 6-8$ mL/kg PBW
- PEEP ≤ 2 cmH₂O
- FIO₂ ≥ 0.4 to SpO₂ $\geq 92\%$
- RR to P_{ET} CO₂ 35-45 mmHg

No recruitment maneuvers

Further settings

- If SpO₂ $< 92\%$ set FIO₂/PEEP:
0.5/2; 0.6/2; 0.6/3; 0.6/4; 0.6/5;
0.7/5; 0.8/5; 0.8/6 (as sequence)

Consider single recruitment maneuver with stepwise V_T increase⁸⁸ if SpO₂ $< 92\%$

Injured lungs (ARDS)

Initial settings

- $V_T = 6$ mL/kg PBW
- FIO₂/low PEEP table¹²⁸
to PaO₂ = 55-80 mmHg or
SpO₂ = 88-95%
- RR ≤ 35 to arterial pH = 7.30-7.45

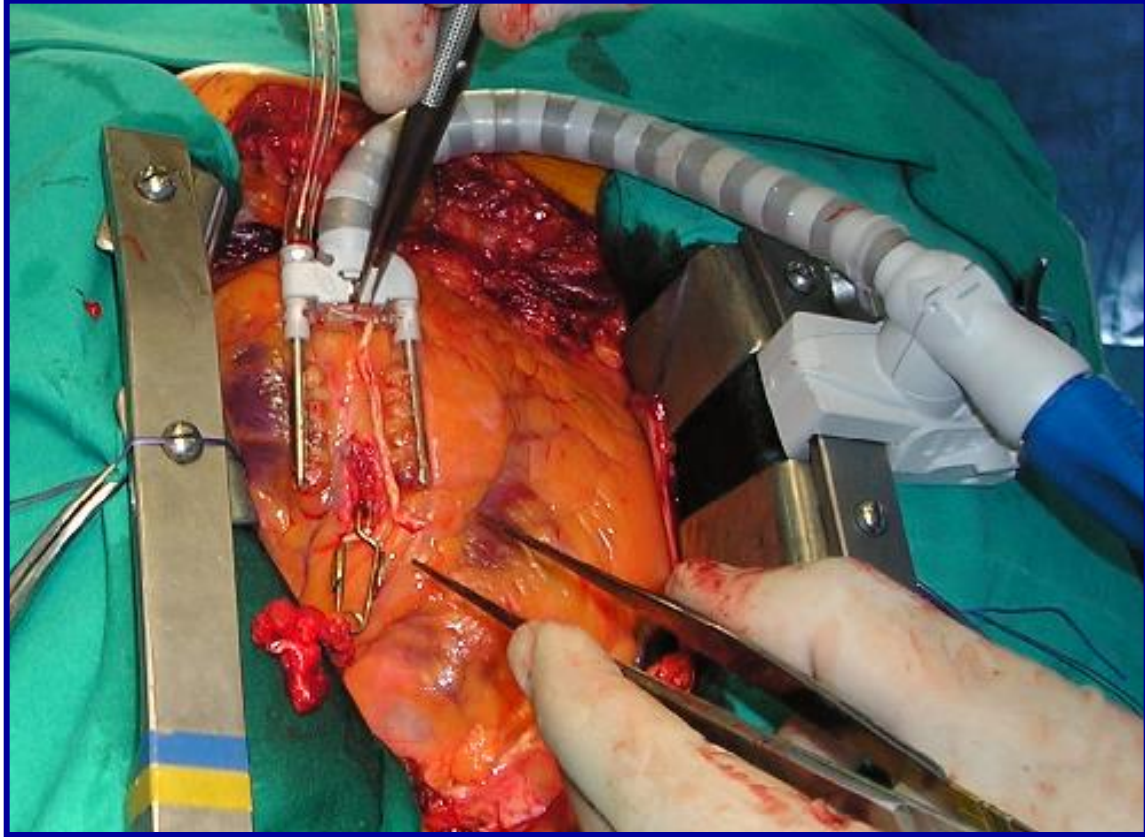
No recruitment maneuvers

Further settings

- Reduce V_T up to 4 mL/kg PBW
to P_{plat} ≤ 30 cmH₂O
- High PEEP table¹²⁸ in severe ARDS¹²⁹

Consider maximal recruitment maneuver¹³⁰ if PaO₂ < 55 mmHg

- Kardiyak cerrahide farklı olan nedir?



PPK - Risk Faktörleri

PPK - Skorlama - Bağımsız risk faktörlerinden biri

KARDİYAK CERRAHİ

V Mazo et al. Anesthesiology 2014;121:219

DJ Kor, et al. Anesthesiology 2014;120:1168

C Fernando, et al. Curr Opin Anesthesiol 2015;28:73

| Patient Characteristics | Preoperative Testing | Surgery | Anesthetic Management |
|---------------------------------|-----------------------------|------------------------------|---|
| Age | Low albumin | Open thoracic surgery | General anesthesia |
| Male sex | Low SpO ₂ (≤95%) | Cardiac surgery | High respiratory driving pressure (≥13 cm H ₂ O) |
| ASA class ≥3 | Anemia (Hb <10g/dl) | Open upper abdominal surgery | High inspiratory oxygen fraction |
| Previous respiratory infection | | Major vascular surgery | High volume of crystalloid administration |
| Functional dependency | | Neurosurgery | Erythrocyte transfusion |
| Congestive heart failure | | Urology | Residual neuromuscular blockade |
| COPD | | Duration of surgery >2 h | Nasogastric tube use |
| Smoking | | Emergent surgery | |
| Renal failure | | | |
| Gastroesophageal reflux disease | | | |
| Weight loss | | | |

Respiratory driving pressure is defined as inspiratory plateau airway pressure *minus* positive end-expiratory pressure.

A Güldner, et al. Anesthesiology 2015; 123:692

J Canet, et al. . Anesthesiology 2010; 113:1338

Kardiyak Cerrahi - PPK

Postoperatif Pulmoner Disfonksiyon (PPD) Mekanizmaları

- Genel anestezi + MV
- Kardiyak cerrahiye spesifik faktörler
 - Mediyen sternotomi
 - Miyokard koruması için topikal soğutma
 - LİMA diseksiyonu sırasında plevranın açılması
 - KPB

KPB

- Hipotermi
- Kan ürünleri kullanımı
- Kan komponentlerinin KPB devresi ile teması
- Akciğerlerdeki iskemi–reperfüzyon
- Ventilasyonun durdurulması, atelektazi gelişimi.....



Kardiyak Cerrahi - PPK

PPD

- Plevral effüyon % 27 – 95
- Atelektazi % 17 – 88
- Postoperatif hipoksemi % 3 – 10
- ARDS % 0.5 – 1.7

(Mortality 50 –90%)

Atelektazi ⇒ Cerrahi sonrası

Kardiyak cerrahi = 6 x Abdominal cerrahi

Cardiac Surgery - MV

- İntraoperatif MV
 - Yüksek TV (10-12 ml/kg)
 - Atelektazi ↓
 - Minimal PEEP
 - Hemodinamik değişimi ↓
- KPB sırasında
 - Ventilasyon Ø
 - Düşük değerlerde CPAP
 - Ventilatörden ayırma

PV ile ARDS hastalarında elde edilen olumlu sonuçlar sonrası
kardiyak cerrahi hastalarında inflamatuvar yanıt ve buna
bağlı PPK oranı ↓ ⇒ **Klinik yarar ?**

High Tidal Volumes in Mechanically Ventilated Patients Increase Organ Dysfunction after Cardiac Surgery

F Lellouche et al. *Anesthesiology* 2012;116:1072

- 3,434 erişkin, kardiyak cerrahi
- YB 'da 3 farklı TV uygulaması

Düşük TV
<10 ml/kg PBW

Alışılmış TV
10-12 ml/kg PBW

Yüksek TV
>12 ml/kg PBW

| | Tidal Volumes (ml/kg of PBW) | | | P Value |
|--|------------------------------|----------------------|-----------------------------|---------------|
| | Less Than 10 (n = 724) | 10–12 (n = 1,567) | More Than 12 (n = 1,143) | |
| Any organ failure, n (%) | 82 (11) | 230 (15) | 206 (18) | <0.001 (†) |
| Multiple organ failure, n (%) | 21 (2.9) | 74 (4.7) | 70 (6.1) | 0.006 (†) |
| ICU length of stay (days) | 1.0 (1.0–2.2) | 1.2 (0.9–2.6) | 1.8 (1.0–3.0) | <0.001 (†, ‡) |
| ICU length of stay more than 24 h, n (%) | 478 (20) | 1,036 (45) | 814 (35) | 0.003 (†, ‡) |
| ICU length of stay more than 48 h, n (%) | 225 (31) | 518 (33) | 447 (39) | <0.001 (†, ‡) |
| ICU length of stay more than 7 d, n (%) | 19 (16) | 46 (38) | 57 (47) | 0.005 (†, ‡) |
| Hospital length of stay (days) | 6 (5–8) | 6 (5–8) | 7 (5–9) | 0.06 |
| ICU mortality, n (%) | 13 (1.8) | 30 (1.9) | 29 (2.5) | 0.44 |
| Hospital mortality, n (%) | 22 (3.0) | 49 (3.1) | 43 (3.8) | 0.59 |
| Hospital and late mortality, n (%) | 91 (13) | 208 (13) | 154 (13) | 0.85 |

| Outcome data | <u>Düşük TV</u> | <u>Traditional TV</u> | <u>Yüksek TV</u> | |
|--|-----------------|-----------------------|------------------|-------------|
| | <10 ml/kg PBW | 10-12 ml/kg PBW | >12 ml/kg PBW | |
| Duration of mechanical ventilation (hours) | 6.0 (5-12) | 6.5 (4.5-13) | 7.4 (4.8-14.9) | <0.001 (†) |
| Reintubation, n (%) | 25 (3.5) | 72 (4.6) | 64 (5.6) | 0.10 |
| Intubation more than 24 h, n (%) | 31 (4.3) | 84 (5.4) | 87 (7.6) | 0.006 (†) |
| Intubation more than 48 h, n (%) | 11 (1.5) | 46 (2.9) | 44 (3.9) | 0.01 (†) |
| Intubation more than 7 d, n (%) | 3 (0.4) | 9 (0.6) | 11 (1.0) | 0.30 |
| Hemodynamic instability, n (%) | 39 (5.4) | 124 (7.9) | 115 (10.1) | 0.001 (†) |
| Renal failure, n (%) | 57 (7.9) | 163 (10.4) | 145 (12.7) | 0.004 (†) |
| Hemodialysis, n (%) | 9 (1.2) | 47 (3.0) | 36 (3.2) | 0.02 (*, †) |

Table 4. Multivariate Analysis of Risk Factors for High Tidal Volumes after Cardiac Surgery

| | Odds Ratio | 95% CI | P Value |
|------------------------------------|------------|-----------|---------|
| BMI more than 30 kg/m ² | 6.25 | 5.26-7.42 | <0.001 |
| Female sex | 4.33 | 3.64-5.15 | <0.001 |

Protective Ventilation Attenuates Postoperative Pulmonary Dysfunction in Patients Undergoing Cardiopulmonary Bypass

Mark A. Chaney, MD, Mihail P. Nikolov, MD, Bradford P. Blakeman, MD, and Mamdouh Bakhos, MD

- N= 25, TV: 6 mL/kg vs 12 mL/kg
- Düşük riskli hasta, CABG
- Akciğer fonksiyonları
 - Entübasyon sonrası
 - YB'da 60. dakikada
- FiO_2 :1.0, PEEP: 5 cm H₂O, SS : 16 vs 8 /dk

• Yüksek TV

- ↑ Pik havayolu ve plato basıncı
- ↑ Akciğer kompliyansı
- ↓ Statik akciğer kompliyansı
- ↑ Şant oranı

Düşük TV

Fark ∅

PV , MV bağlı akciğer hasarını azaltır ve kardiyak cerrahi sonrası PPK görülme oranını olumlu yönden etkileyebilir

Hermann Wrigge
Ulrike Uhlig
Georg Baumgarten
Jan Menzenbach
Jörg Zinserling
Martin Ernst
Daniel Drömann
Armin Welz
Stefan Uhlig
Christian Putensen

Mechanical ventilation strategies and inflammatory responses to cardiac surgery: a prospective randomized clinical trial

Intensive Care Med 2005;31:1379

Influence of Low Tidal Volume Ventilation on Time to Extubation in Cardiac Surgical Patients

Sugantha Sundar, M.D.,* Victor Novack, M.D., Ph.D.,† Karinne Jervis, M.D.,‡
S. Patrick Bender, M.D.,‡ Adam Lerner, M.D.,§ Peter Panzica, M.D.,§ Feroze Mahmood, M.D.,§
Atul Malhotra, M.D.,|| Daniel Talmor, M.D., M.P.H.#

Anesthesiology 2011;114:1102

Ozge Koner
Serdar Celebi
Huriye Balci
Gurkan Cetin
Kamil Karaoglu
Nahit Cakar

Effects of protective and conventional mechanical ventilation on pulmonary function and systemic cytokine release after cardiopulmonary bypass

Intensive Care Med 2004;30:620

TV (6 vs 10 ml/kg), PEEP (5 cmH₂O) RM (-)

İnflammatuvar yanıt: Fark ∅ / minimal

Klinik sonuç: Oksijenasyon, akc mekanikleri ve ekstübasyon süresi
Fark ∅

Mechanical ventilation affects inflammatory mediators in patients undergoing cardiopulmonary bypass for cardiac surgery: A randomized clinical trial

Enrico Zupancich, MD,^{a,†‡} Domenico Paparella, MD,^{b,*‡} Franco Turani, MD,^{a,c} Christopher Munch, MD,^a Alessandra Rossi, MD,^a Simone Massaccesi, MD,^a and V. Marco Ranieri, MD^b

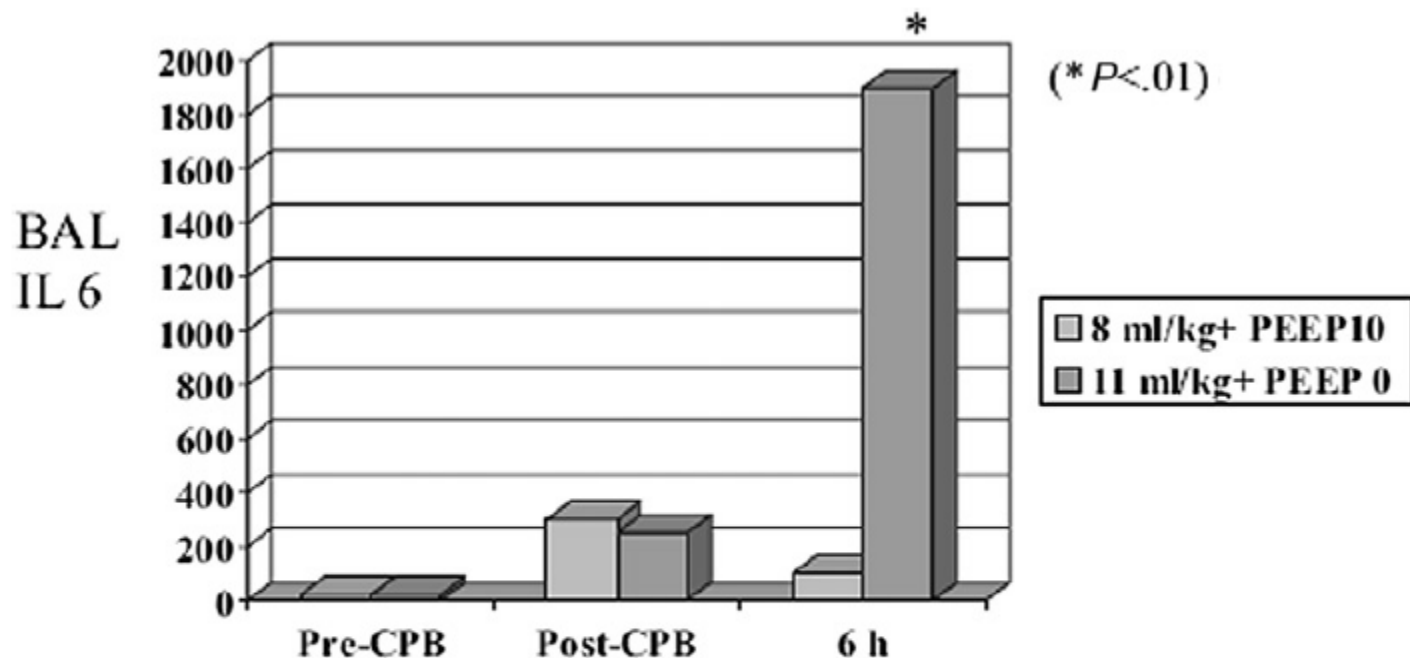


Fig. 5. Bronchoalveolar lavage (BAL) levels of cytokines, such as IL-6, were significantly increased 6 hours after CPB for cardiac surgery in patient's ventilated post-CPB with larger V_t s and lower levels of PEEP. (Data from Zupancich E, Paparella D, Turani F, et al. Mechanical ventilation affects inflammatory mediators in patients undergoing cardiopulmonary bypass for cardiac surgery: a randomized clinical trial. *J Thorac Cardiovasc Surg* 2005;130:378–83.)

ORIGINAL ARTICLE

Minerva Anesthesiol 2012;78:790

Positive end-expiratory pressure following coronary artery bypass grafting

D. A. DONGELMANS ¹, S. N. HEMMES ^{1, 2}, A. C. KUDOĞA ¹
D. P. VEELÓ ¹, J. M. BINNEKADE ¹, M. J. SCHULTZ ^{1, 2, 3}

ORIGINAL ARTICLE

Di Borges, et al .Res Bras Cir Cardiovasc 2013;28:380

Effects of different PEEP levels on respiratory mechanics and oxygenation after coronary artery bypass grafting

Farklı PEEP düzeyleri ⇒

Erken postoperatif dönemde oksijenasyon ve akciğer mekanikleri

10 cmH₂O PEEP > 5 ve 8 cmH₂O PEEP

Alveolar recruitment strategy during CPB does not improve postoperative gas exchange and lung function

- Prospektif, randomize, n= 32, CABG + CPB
 - Grup 1: PEEP 5 cm H₂O
 - Grup 2: PEEP 5 + ↑ 14 cm H₂O₂ min / her 20 dk.da bir, Xklemp süresince
- Ölçüm: Preop – Postop 6. gün
- FARK ∅
 - Postop kan gazları
 - EVLW
 - Akciğer fonksiyonu
 - Postop ölçülen < ilk ölçülen değerler

KPB sırasında

Preoperative pulmoner fonksiyonu normal kardiyak cerrahi hastalarında, alveolar “Recruitment” stratejisi uygulaması postop akciğer fonksiyonu ve gaz değişiminde bir iyileşme sağlamamaktadır

Effects of Alveolar Recruitment on Arterial Oxygenation in Patients After Cardiac Surgery: A Prospective, Randomized, Controlled Clinical Trial

Leonid Minkovich, MD, PhD, George Djaiani, MD, FRCA, Rita Katznelson, MD, Fergal Day, MD, Ludwik Fedorko, MD, PhD, Jens Tan, MD, Jo Carroll, RN, Davy Cheng, MD, FRCPC, and Jacek Karski, MD, FRCPC

- N=95 elektif CABG ve kapak cer
- Kontrol vs VCM
 - 35 cmH₂O, 15 s KBP sonrası
 - 30 cmH₂O, 5 s ICU

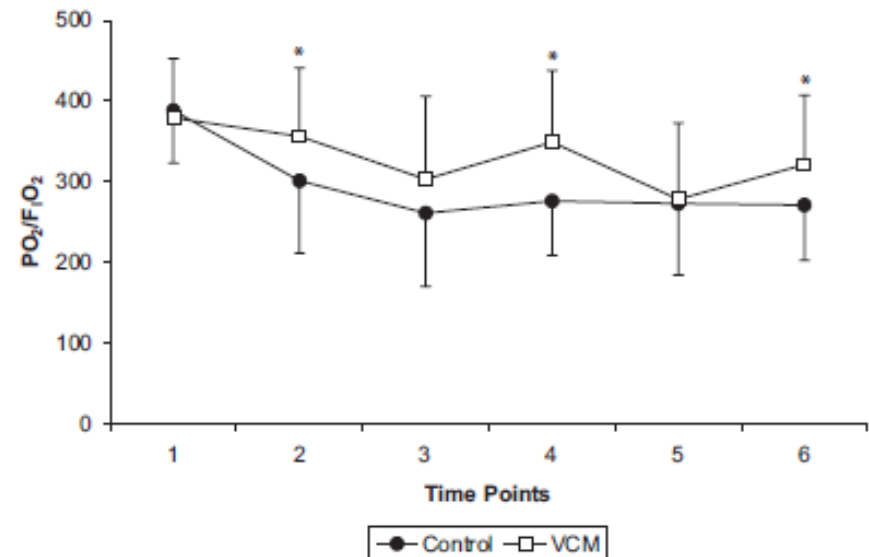


Fig 1. Comparison of PaO₂/F_iO₂ ratio between the repeated vital capacity maneuver (C-VCM) and control groups. Measurements were taken at the following predetermined time intervals: (1) operating room after tracheal intubation, (2) 10 to 15 minutes after separation from cardiopulmonary bypass, (3) after arrival in the ICU, (4) 3 hours after ICU admission, (5) 30 minutes after tracheal extubation, and (6) immediately before ICU discharge. *Significant differences.

Table 2. Comparison of Intubation Times and Length of Stay Between the C-VCM and Control Groups

| | C-VCM Group (n = 47) | Control Group (n = 48) | p Value |
|---------------------|-------------------------|---------------------------|---------|
| Intubation time (h) | 5.2 (2-19) | 6.0 (3-32) | 0.28 |
| ICU-LOS (h) | 22.0 (13-48) | 22.5 (18-72) | 0.06 |
| Hospital-LOS (d) | 7.0 (4-11) | 7.1 (5-21) | 0.36 |

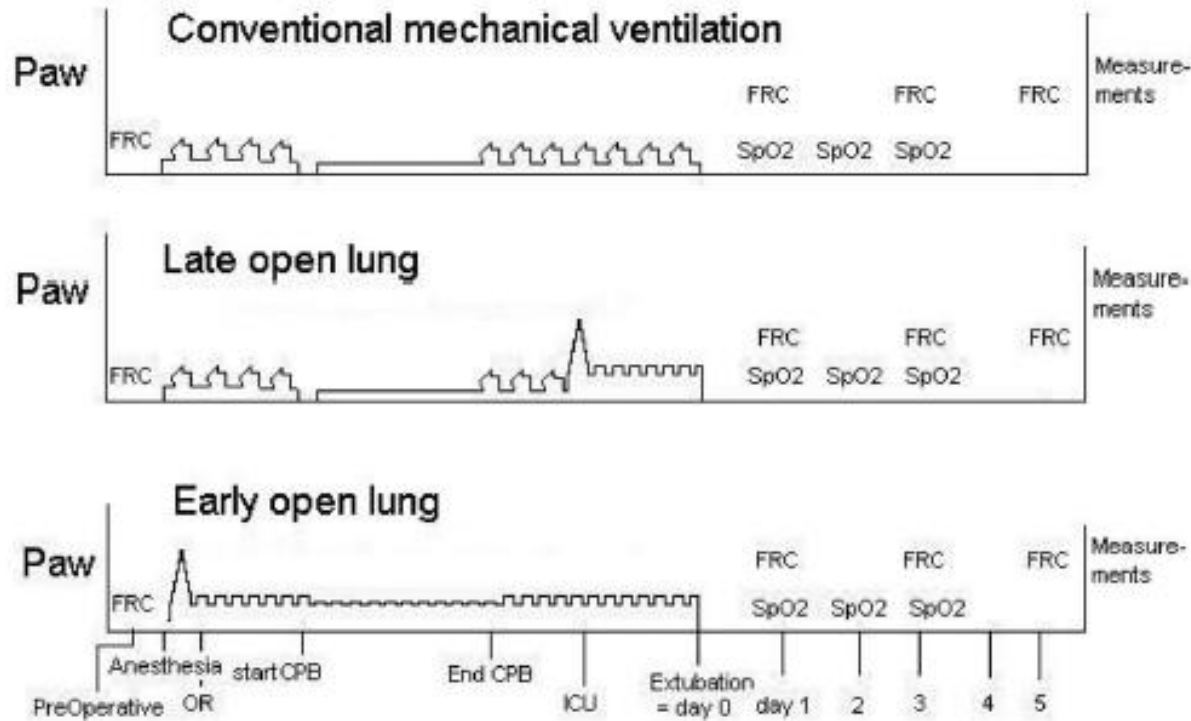
NOTE. Data are presented as median (range).

Abbreviations: LOS, length of stay; ICU, intensive care unit; NS, not significant.

Open lung ventilation improves functional residual capacity after extubation in cardiac surgery*

Dinis Reis Miranda, MD; Ard Struijs, MD, PhD; Peter Koetsier, MD; Robert van Thiel, MD; Ronald Schepp, MD; Wim Hop, PhD; Jan Klein, MD, PhD; Burkhard Lachmann, MD, PhD; Ad J. J. C. Bogers, MD, PhD; Diederik Gommers, MD, PhD

Crit Care Med 2005;33:2253



Erken RM (entübasyon sonrası) vs Geç RM (cerrahi sonrası)
İnflammatuvar yanıt daha az
FRC daha yüksek, hipoksemi epizotları daha nadir

The Pulmonary and Hemodynamic Effects of Two Different Recruitment Maneuvers After Cardiac Surgery

Serdar Celebi, MD*

Özge Köner, MD†

Ferdi Menda, MD*

Kubilay Korkut, MD‡

Kaya Suzer, MD‡

Nahit Cakar, MD§

N = 60

CABG

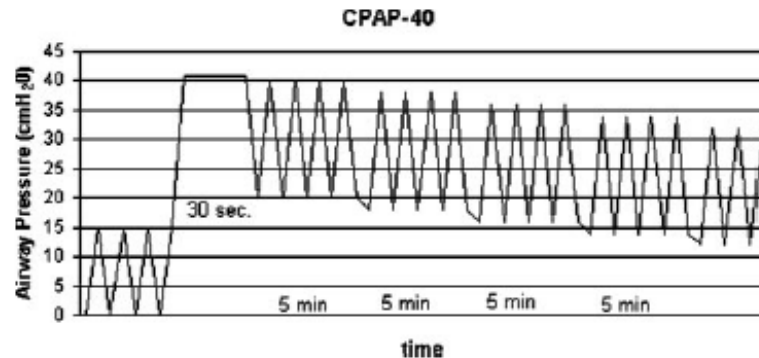


Figure 1. Diagram of the RM applied with continuous positive airway pressure (CPAP) held at 40 cm H₂O for 30 s, then a decremental PEEP trial was used to determine the optimal PEEP value by 2 cm H₂O decrements every 5 min. RM, recruitment maneuver; PEEP, positive end-expiratory pressure.

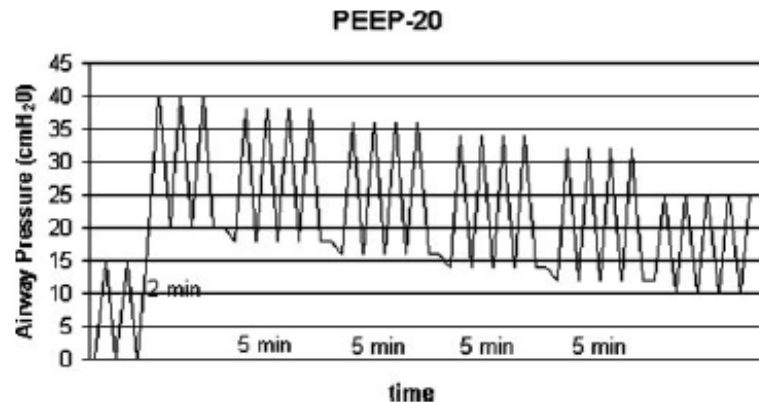
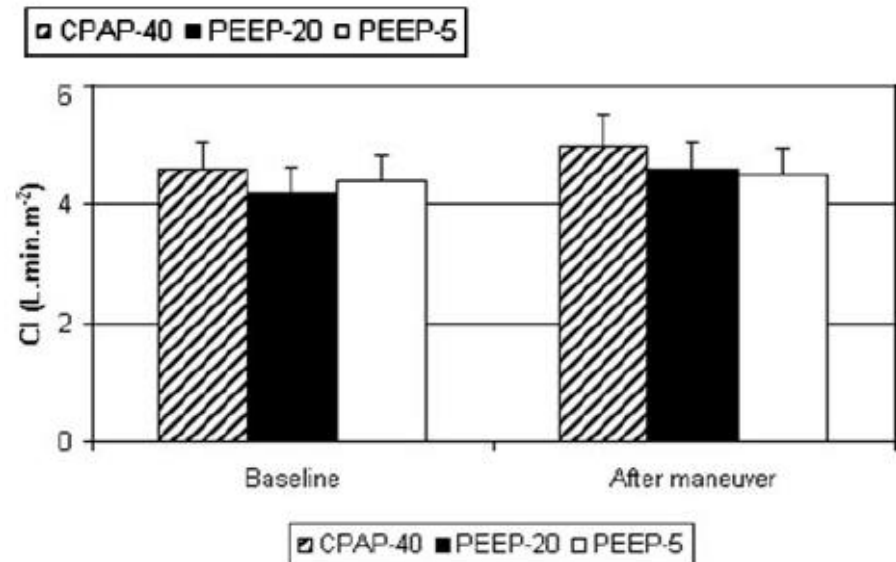
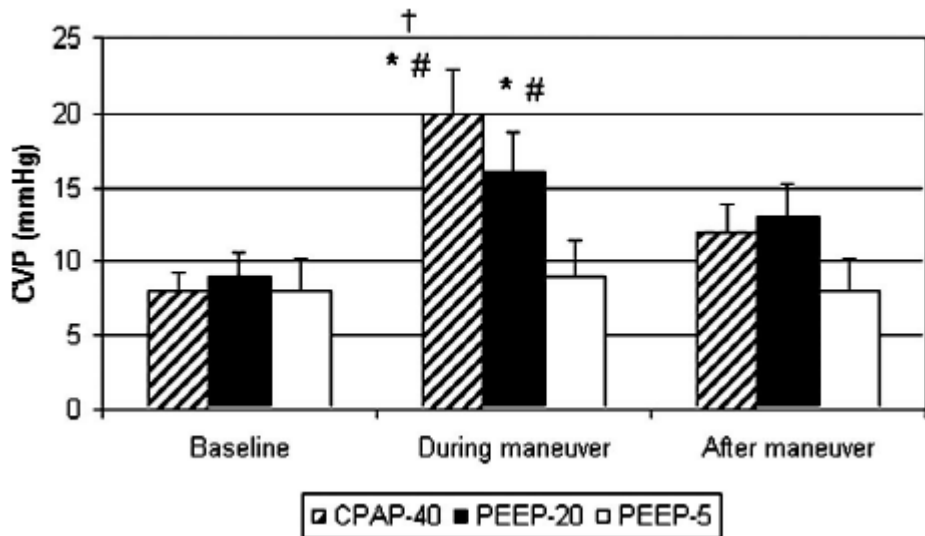
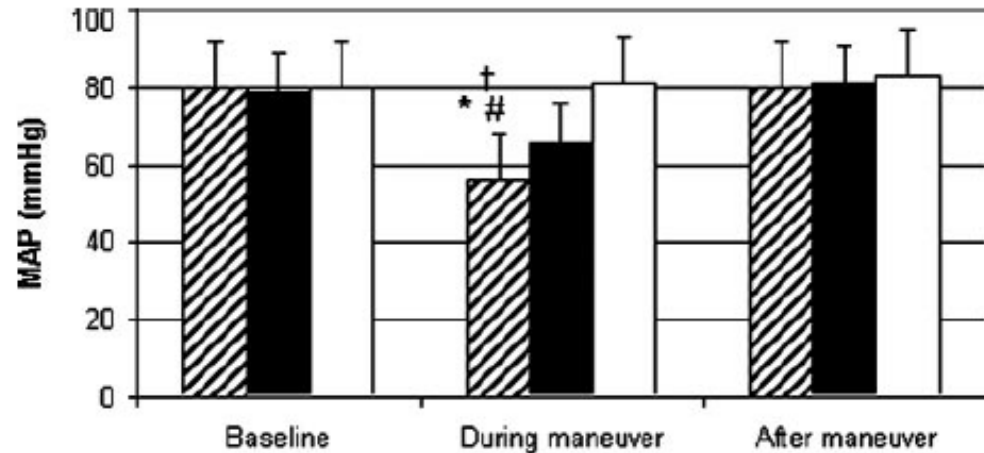


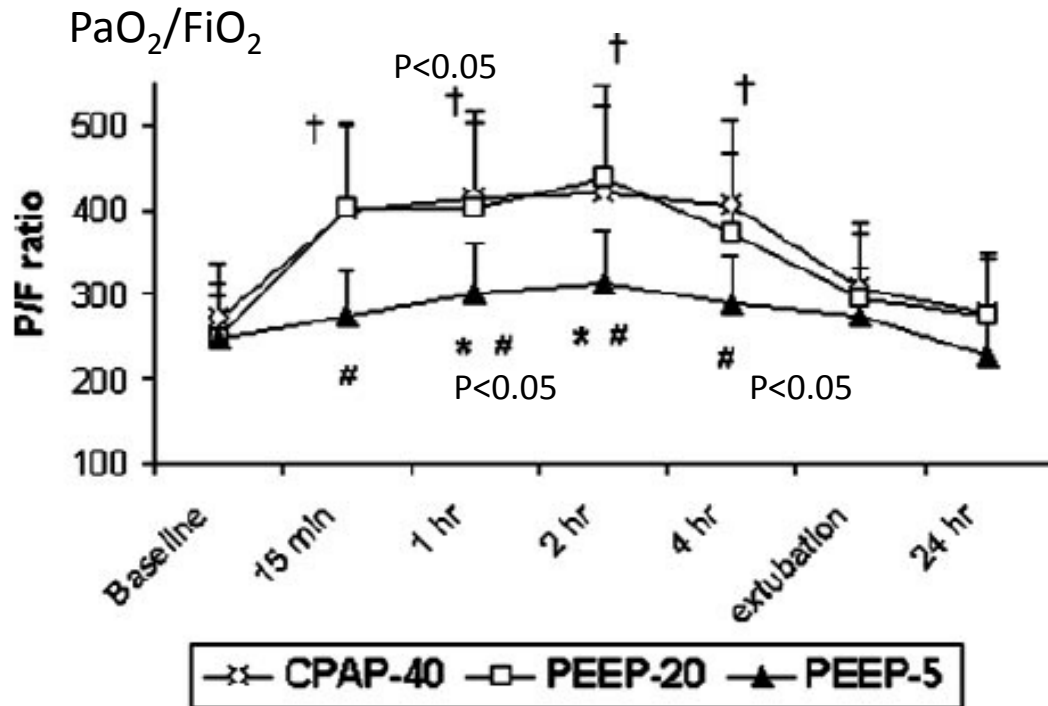
Figure 2. Diagram of the RM applied with high (20 cm H₂O) positive end-expiratory pressure (PEEP). The maneuver was applied on volume-controlled ventilation up to a peak inspiratory airway pressure of 40 cm H₂O for 2 min, then a decremental PEEP trial was used to determine the optimal PEEP value with 2 cm H₂O decrements every 5 min. RM, recruitment maneuver; PEEP, positive end-expiratory pressure.

The Pulmonary and Hemodynamic Effects of Two Different Recruitment Maneuvers After Cardiac Surgery



No changes in HR, MPAP, PCWP, SVRI and PVRI

The Pulmonary and Hemodynamic Effects of Two Different Recruitment Maneuvers After Cardiac Surgery



Atelektazi skoru
(Postop 1. gün)

Grup:

PEEP-5 (1.3 ± 0.9)

CPAP-40 (0.65 ± 0.6; *P* < 0.01)

PEEP-20 (0.65 ± 0.5; *P* < 0.01)

Sonuç: RM + PEEP uygulaması benzer oranda oksijenasyonda artış ve atelektazi oranında azalma sağlamaktadır. Ancak, RM+ PEEP-20 uygulaması ile CPAP'a göre daha stabil bir hemodinamik seyir elde edilir

MV – İstenmeyen Etkileri

Koruyucu ventilasyon (PEEP, RM)

- ↓ Ventriküler dolum
- ↑ RV afterload
- ↓ RV preload
- ↓, → Kontraktilite
- ↑ ICP

JE Berglund et al. Intensive Care Medicine, 1994;20:174
T Dyhr et al. Acta Anaesthesiologica Scandinavica, 2002;46:717
DR Miranda et al. Br J Anaesth 2004;93:27–332
M Duggan et al. Am J Resp and Crit Care Med, 2003;167:1633
J Nielsen et al. Intensive Care Medicine, 2005;31:1189
SC Lim et al. Crit Care Medicine, 2004;32:2378–2384

NIV

Preventif NIV / CPAP

Postop solunum yetmezliđi riski yüksek hastalara uygulandıđında

- Gaz deđiřimi, oksijenasyon ve alveoler ventilasyonunda iyileřme
- ↓ Solunum iři
- ↓ Atelektazi ve PPK
- ↓ Re-entübasyon oranı
- ↓ Hastane ve YB'da kalıř süresi
- ↓ YB'a yeniden yatıř

P Matte, et al. Acta Anaesth Scand, 2000;44:75

A Zarbock, et al. Chest, 2009;135:1252

P Pasquina, et al. Anesth Analg 2004;99:1001

E Al Jaaly, et al. J Thorac Cardiovasc Surg 2013;146:912

L Cabrini, et al. Heart, Lung and Vessels 2013;5,137–141

M Garcia-Delgado, et al. J Cardiothorac Vasc Anesth 2012;26:443

Cardiac Surgery - MV

- Intraoperatif MV
 - Yüksek TV (10-12 ml/kg)
 - ↓ Atelektazi
 - Minimal PEEP
 - ↓ Hemodinamik stabilite
- KPB sırasında
 - Ventilasyon ∅
 - Düşük değerlerde CPAP
 - Ventilatörden tamamen ayırma

KPB Sirasında

European Journal of Cardio-Thoracic Surgery 44 (2013) 282–287
doi:10.1093/ejcts/ezs659 Advance Access publication 31 December 2012

ORIGINAL ARTICLE

Continued mechanical ventilation during coronary artery bypass graft operation attenuates the systemic immune response

Lucian Beer^{a,b,1}, Tamás Szerafin^{c,1}, Andreas Mitterbauer^{a,b}, Tamás Debreceni^c, Tamás Maros^c,
Martin Dworschak^d, Georg A. Roth^{e,1}

Ventilation During Cardiopulmonary Bypass: Impact on Cytokine Response and Cardiopulmonary Function

(Ann Thorac Surg 2008;85:154–62)

Calvin S. H. Ng, MD, Ahmed A. Arifi, MD, Song Wan, MD, PhD, Anthony M. H. Ho, MD,
Innes Y. P. Wan, MD, Eric M. C. Wong, MS, and Anthony P. C. Yim, MD

Intraoperative ventilation strategy during cardiopulmonary bypass attenuates the release of matrix metalloproteinases and improves oxygenation

Lucian Beer, MD,^{a,b,1} Joanna Maria Warszawska, MD, PhD,^{c,1}
Peter Schenk, MD,^d Tamás Debreceni, MD,^e Martin Dworschak, M
Georg A. Roth, MD,^c Tamás Szerafin, MD,^{e,1}



JOURNAL OF SURGICAL RESEARCH 195 (2015) 294–302

Low Tidal Volume Ventilation during Cardiopulmonary Bypass Reduces Postoperative Chemokine Serum Concentrations

Lucian Beer^{1, 2, *}, Tamás Szerafin^{3, *}, Andreas Mitterbauer^{1, 2}, Tamás Debreceni³, Tamás Maros³, Martin
Dworschak⁴, Georg A. Roth⁴, Hendrik Jan Ankersmit^{1, 2}

Thorac cardiovasc Surg 2014; 62(08): 677-682



Effects of ventilation and nonventilation on pulmonary venous blood gases and markers of lung hypoxia in humans undergoing total cardiopulmonary bypass.

Loer, S; Kalweit, G; Tarnow, J

| | A. Radialis | V. Pulmonalis Ventilated Lung | V. Pulmonalis Nonventilated Lung | <i>p</i> Value |
|---|-------------|-------------------------------|----------------------------------|----------------|
| Beginning of total cardiopulmonary bypass | | | | |
| PO ₂ (torr) | 286 ± 38 | 153 ± 31 | 149 ± 29 | .86 |
| Pco ₂ (torr) | 38 ± 6 | 42 ± 6 | 41 ± 5 | .67 |
| Lactate (mmol/L) | 3.5 ± 1.2 | 3.6 ± 1.4 | 3.5 ± 1.3 | .28 |
| LDH (U/L) | 101 ± 15 | 108 ± 12 | 109 ± 14 | .63 |
| Endothelin-1 (fmol/mL) | 0.63 ± 0.32 | 0.54 ± 0.36 | 0.64 ± 0.31 | .17 |
| Big-endothelin (fmol/mL) | 0.66 ± 0.28 | 0.63 ± 0.35 | 0.68 ± 0.29 | .33 |
| Thromboxane B ₂ (pg/mL) | 376 ± 89 | 360 ± 84 | 356 ± 62 | .82 |
| End of total cardiopulmonary bypass | | | | |
| PO ₂ (torr) | 244 ± 34 | 103 ± 23 | 57 ± 15 | <0.01 |
| Pco ₂ (torr) | 39 ± 5 | 35 ± 4 | 49 ± 8 | <0.01 |
| Lactate (mmol/L) | 3.4 ± 1.0 | 3.6 ± 0.6 | 3.8 ± 0.6 | 0.41 |
| LDH [U/L] | 161 ± 33 | 172 ± 42 | 186 ± 41 | 0.17 |
| Endothelin-1 (fmol/mL) | 0.65 ± 0.32 | 0.77 ± 0.32 | 0.81 ± 0.37 | 0.46 |
| Big-endothelin (fmol/mL) | 0.69 ± 0.21 | 0.73 ± 0.38 | 0.77 ± 0.28 | 0.59 |
| Thromboxane B ₂ (pg/mL) | 450 ± 99 | 434 ± 92 | 488 ± 95 | 0.03 |

Data represent mean ± SD of measurements in 12 patients. *p* values refer to differences between ventilated and nonventilated lungs. LDH, lactate dehydrogenase.

To convert torr to kPa, multiply value by 0.1333.

KPB Sırasında

Ventilasyon Stratejileri

- Kontrole ventilasyon
 - Nr / Düşük TV
 - Düşük solunum sayısı
- CPAP
- HFV
- RM - VCM

L Beer, et al. Thorac Cardiovasc Surg 2014;62:677
Davuodi, et al. J Tehran Univ Heart Center 2010;5:128
LCH John, et al. Interact Cardiovasc Thoracic Surg, 2008;7:14

H Imura, et al. J Thorac Cardiovasc Surg. 2009;137:1530

A Loeckinger, et al. Anesth Analg 2000;91:522
Berry CB, et al. Br J Anaesth 1993;71:864

D Zabeeda, et al. J Cardiothoracic Vasc Anesth, 2003;17;40

Inflamasyonda ↓, oksijenasyon, akc mekanikleri
ve şant fraksiyonunda iyileşme

The Effect of High-Frequency Ventilation of the Lungs on Postbypass Oxygenation: A Comparison With Other Ventilation Methods Applied During Cardiopulmonary Bypass

Deeb Zabeeda, MD, Revaz Gefen, MD, Beniamin Medalion, MD, Vadim Khazin, MD, Arie Shachner, MD, and Tiberiu Ezri, MD

Objective: To compare the effect of high-frequency ventilation versus other ventilation methods applied during cardiopulmonary bypass on postbypass oxygenation.

Design: Prospective, randomized study.

Setting: University hospital.

Participants: Seventy-five patients undergoing coronary artery bypass graft surgery.

Interventions: Patients were allocated to 5 equal groups of different ventilation methods during bypass. Groups 1 and 2 received high-frequency, low-volume ventilation with 100% and 21% oxygen, respectively. Groups 3 and 4 received 5 cm H₂O of continuous positive airway pressure (CPAP) with either 100% or 21% oxygen. Patients from group 5 were disconnected from the ventilator during the bypass period.

Measurements and Main Results: Spirometry data, blood gas analysis, oxygen saturation as measured by pulse oximetry, and end-tidal carbon dioxide were recorded 5 minutes before chest opening, 5 minutes before bypass, 5 min-

utes after bypass, 5 minutes after chest closure and 6, 12, 18, and 24 hours after surgery. There were no differences in compliance and mean airway pressures. Alveolar-to-arterial oxygen gradients increased, and PaO₂ decreased significantly ($p < 0.05$) in all groups 5 minutes after bypass and this trend continued in the postoperative period. Patients from group 3 had higher PaO₂ and lower alveolar-to-arterial oxygen gradients, 5 minutes after weaning from bypass ($p < 0.05$). Extubation times were similar in all groups.

Conclusions: The alveolar-arterial oxygen gradient was lower, and the PaO₂ was higher 5 minutes after bypass in patients receiving CPAP (100% O₂) as compared with those ventilated with high-frequency ventilation.

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KEY WORDS: High-frequency ventilation, cardiopulmonary bypass, oxygenation, pulmonary complications

Sonuç: 5 cmH₂O CPAP ile klinik sonuç daha iyi
KPB sonrası sadece ilk 5 dakika içinde oksijenasyonda iyileşme
Klinik önemi ?

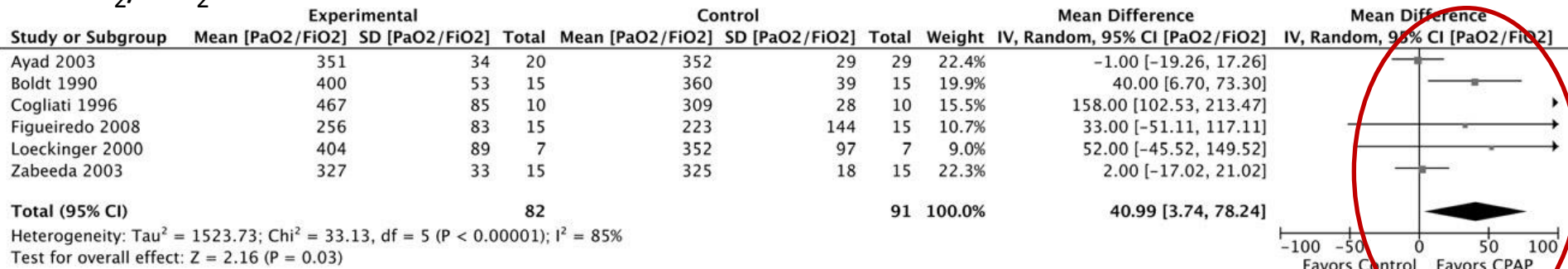
The Effect of Different Lung-Protective Strategies in Patients During Cardiopulmonary Bypass: A Meta-Analysis and Semiquantitative Review of Randomized Trials

Jan-Uwe Schreiber, MD, PhD,* Marcus D. Lancé, MD,* Marcel de Korte, MD,* Thorsten Artmann, BS,†
Ivan Aleksic, MD, PhD, FETCS,‡ and Peter Kranke, MD, PhD, MBA†

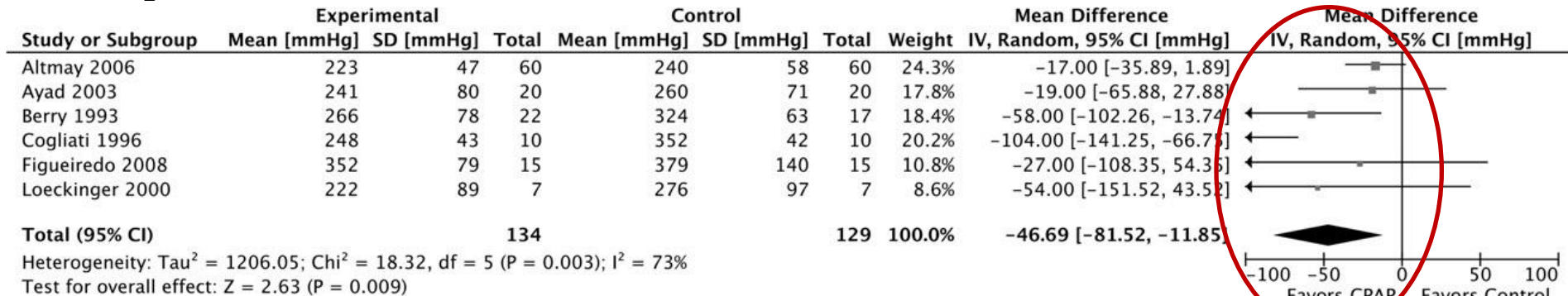
JCTVA 2012;26:448

- N=814 patients, 16 RKÇ
- CPAP: 5-10cmH₂O, FiO₂: 0,21-0,5; KPB'dan ayrıldıktan sonra

PaO₂/FiO₂



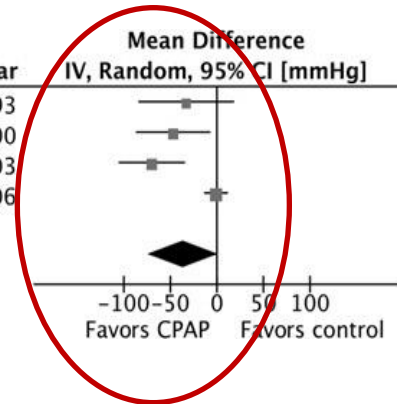
AaDO₂



AaDO₂ , 4 hours after weaning from CPB

| Study or Subgroup | Experimental | | | Control | | | Weight | Mean Difference IV, Random, 95% CI [mmHg] | Year |
|-----------------------|--------------|-----------|------------|-------------|-----------|------------|---------------|--|------|
| | Mean [mmHg] | SD [mmHg] | Total | Mean [mmHg] | SD [mmHg] | Total | | | |
| Berry 1993 | 182 | 85 | 22 | 215 | 86 | 22 | 20.4% | -33.00 [-83.53, 17.53] | 1993 |
| Loeckinger 2000 | 94 | 26 | 7 | 141 | 46 | 7 | 23.8% | -47.00 [-86.14, -7.86] | 2000 |
| Ayad 2003 | 220 | 48 | 20 | 290 | 63 | 20 | 25.1% | -70.00 [-104.71, -35.29] | 2003 |
| Altmay 2006 | 96 | 36 | 60 | 97 | 30 | 60 | 30.8% | -1.00 [-12.86, 10.86] | 2006 |
| Total (95% CI) | | | 109 | | | 109 | 100.0% | -35.78 [-73.92, 2.37] | |

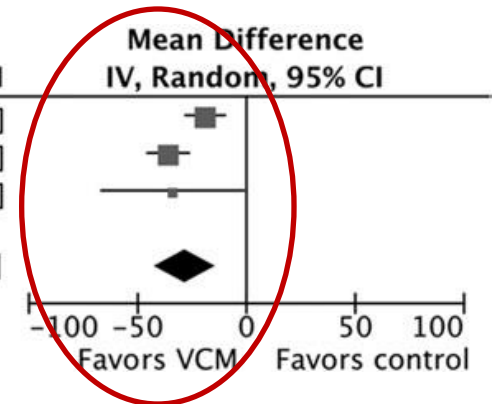
Heterogeneity: Tau² = 1194.99; Chi² = 17.77, df = 3 (P = 0.0005); I² = 83%
 Test for overall effect: Z = 1.84 (P = 0.07)



VCM 30 minutes after weaning from CPB

| Study or Subgroup | VCM | | | Control | | | Weight | Mean Difference IV, Random, 95% CI |
|-----------------------|------|----|-----------|---------|----|-----------|---------------|---------------------------------------|
| | Mean | SD | Total | Mean | SD | Total | | |
| Murphy 2001 | 148 | 13 | 20 | 167 | 16 | 20 | 43.7% | -19.00 [-28.03, -9.97] |
| Muslu 2003 | 117 | 8 | 11 | 153 | 14 | 11 | 42.8% | -36.00 [-45.53, -26.47] |
| Tschernko 2002 | 177 | 46 | 12 | 211 | 35 | 12 | 13.4% | -34.00 [-66.70, -1.30] |
| Total (95% CI) | | | 43 | | | 43 | 100.0% | -28.30 [-42.13, -14.47] |

Heterogeneity: Tau² = 92.59; Chi² = 6.61, df = 2 (P = 0.04); I² = 70%
 Test for overall effect: Z = 4.01 (P < 0.0001)



Sonuç: KPB sırasında CPAP veya VCM led to a significant increase in oxygenation parameters immediately after weaning from CPB, but this effect was not sustainable and did not improve patient outcome.

KPB sırasında

Postoperatif pulmoner komplikasyonları önleme

- Koruyucu mekanik ventilasyon
 - KPB sırasında MV
 - KPB sırasında MV ve akciğer perfüzyonu
- Cerrahi teknik
 - KPB ile çalışan kalpte CABG + Düşük TV ile ventilasyon
 - OPCABG
- “Fast Tracking”

FI Macedo, et al. Semin Thoracic Surg 2012;24:308
FI Macedo, et al. J Thorac Cardiovasc Surg 2010;139:234
TA Salerno et al. Heart Surg Forum 2010;13:S7
E Gologorsky, et al. Expert Rev Cardiovasc Ther 2011;9:927
U Tutun, et al. Heart Surg Forum 2011;14:E297

Open-Lung Ventilation Improves Clinical Outcomes in OPCAB Surgery: A Randomized Controlled Trial

- Prospektif, randomize, çift kör
- N=93, OPCAB
- Pulmoner fonksiyon, fonksiyonel kapasite ve klinik sonuçlar
 - Konvansiyonel MV (CMV),
 - “Open-Lung” Erken → Entübasyon sonrası
 - Geç → Cerrahi sonrası
- “Open-Lung” stratejisi
 - Pulmoner fonksiyonun korunması
 - Fonksiyonel kapasitede derlenme
 - Klinik sonuçlar açısından daha iyi
 - İki uygulama arasında bir fark saptanmamış

Son söz

Kardiyak cerrahide

- PPK patogenezinde birçok faktör rol oynar
- Önlem için birden fazla strateji ile yaklaşım gereklidir
- Bu yaklaşımların en önemlilerinden biri de PV'dir
- PV'nin yararını gösteren bir çok çalışma mevcuttur
- PV stratejisi perioperatif dönem süresince uygulanmalıdır
- KPB sırasında da ventilasyonun sürdürülmesinin yararlı etkileri olabileceği gösterilmiştir
- Spesifik bir ventilasyon stratejisi önermek için eldeki veriler ve kanıt düzeyleri henüz yetersizdir

Son söz

Kardiyak Cerrahide MV

- İntraoperatif dönemde artık bir çok anesteziist düşük TV ve PEEP yaklaşımını kullanmaktadır
- Potansiyel yararlarına rağmen,
 - Günlük pratikte KPB sırasında çok az oranda akciğer koruyucu yaklaşımlar uygulanmaktadır
 - Bunun önemli nedenlerinden biri de cerrahın kendi yaklaşımını etkileyebileceğini düşünmesidir